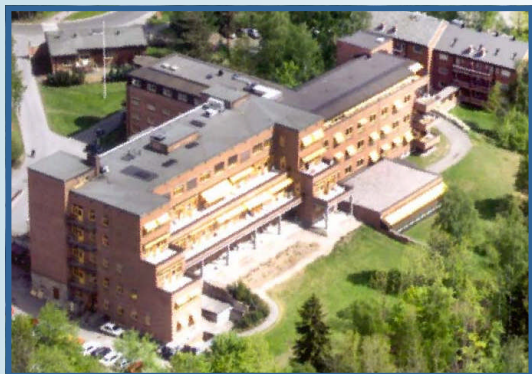


# SPECIALISED HOSPITAL IN ORTHOPAEDIC SURGERY



*Martina Hansens Hospital is situated in rural surroundings in Baerum, Norway, 10 minutes drive west of Oslo overlooking the Oslo fjord and 50 minutes from Oslo-Gardermoen International Airport.*

*Our English-speaking staff provide a professional and friendly environment.*



**The orthopaedic department** is highly specialised and performs the highest number of total joint replacements in Norway. Both the hip and knee prostheses employed are British made. According to the Norwegian National Register for Joint Replacements our survival rates for total hip and knee prostheses are significantly beyond the national average. Our infection rate is low (less than 1,5%). The patients stay in the hospital 6-8 days before being transferred to a nearby rehabilitation centre for about 2 weeks.



**Exeter total hip prostheses** Martina Hansens Hospital inserts about 400 Exeter total hips each year and performs the highest number of total hip replacements in Norway. Since 1983 we have employed the British made Exeter hip prostheses.



#### **LCS-total knee prostheses**

Marina Hansens Hospital inserts about 200 LCS- prostheses every year. We focus on postoperative pain relief together with early mobilisation and use nerve block infusion for pain control up to 2 days after surgery.



#### **Oxford UNI- prostheses**

This British made prosthesis has a well documented survival rate. The prosthesis is offered to patients with isolated osteoarthritis of the medial compartment of the knee. Recovery is faster than after total knee replacement.



#### **Copeland Shoulder prostheses**

The Copeland Shoulder prosthesis is British made and well documented. It is offered to patients with osteoarthritis or rheumatoid arthritis of the shoulder joint. The patients stay in the hospital 5-7 days.

Our patient satisfaction scores were among the best in the country in the 2003 and 2004 national surveys.

We offer accommodation for relatives in close proximity to the hospital. In addition a first class hotel is located in Sandvika centre, 1 mile away.

**For more detailed information, please contact:**

Managing Director/-Chief Surgeon Arne Ekeland MD PhD, phone: +47 67 52 17 01,  
fax: +47 67 52 17 00, e-mail: arne.ekeland@mhh.no



## Martina Hansens Hospital